

## Essanté Worldwide Earth Greens and Supreme pH

*The Source of Vibrant Health*

### The Problem

Our Western diet has lost the elements of good health. What little fruits and vegetables we do eat have been grown in depleted soils and picked long before they were ripe. Modern high heat processing and shipping processes have stripped away much of the essential nutrients that remain.

Most of the foods we eat today such as meat and dairy products cause our bodies to expend precious energy trying to neutralize acidity in order to maintain health. As a result, we are tired, and lack the strength and stamina merely to make it through the day.

### The Solution:

The answer is simple - the consumption of whole-food plant-based, alkaline foods, vegetables and greens, along with Essanté Supreme pH Alkalinizing Drops.

Essanté Worldwide Earth Greens is a convenient way to get the best of nature into your body. Made with 100 percent organic ingredients, Earth Greens provide the most nutrient-dense greens of the earth.

### Achieving pH Balance and Energized Health

Achieving pH Balance and Energized Health is often simply a matter of introducing a few important health strategies into your daily routine. Learning the following principles can bring swift, noticeable benefits!

#### 1) EFFECTIVE HYDRATION WITH ALKALINE FOODS.

Essanté earth greens product is the easiest and most effective way to achieve critical hydration AND alkalize in one pleasant tasting process! Hydration is a critical first step in alkaline healing.



#### 2) NOURISHMENT WITH ENERGIZING NATURAL FOODS.

Our recipes and food strategies can begin the process of cleansing and detoxifying, and infuse the energy production process of the cells with much needed live nutrients.

#### 3) PERIODIC CLEANSING

For Detoxification and "balancing" nothing removes dangerous toxins and body wastes like a proper cleanse. We've developed one that is fast and extremely effective.

#### 4) REGULAR MOVEMENT AND EXERCISE

Proper exercise does far more than merely strengthen the muscles. It is a natural and important way to assist the body in the elimination of waste, and proper organ function.

#### 5) COMMITMENT TO PERSONAL GROWTH

The commitment to personal growth and development is something we deeply believe in. Join us as we assist you in your pursuit of exceptional life through alkaline health.

#### 6) BUILDING COMMUNITIES

We believe in building communities that are founded upon the principle that health is an ongoing process. That once achieved, health can never be taken for granted.

